

The curtamous page

February 2014 Archived Notes

[[Home](#)] [[Notes](#)] [[PICs](#)] [[Stuff](#)] [[Beer Page](#)] [[Links](#)]

[Feb 16, 2014](#)

[Feb 9, 2014](#)

[Feb 1, 2014](#)

February 16, 2014 - *Jak se maj! Hope all is well out there...*

It's Sunday night and it's 8:30 and I'm too tired to type, so here's your first no-update update of the year..

Expect another one next week and the week after... Next weekend I am up in Duluth for a long weekend of moving a customer's office to a new location. The weekend after I am on retreat from Friday night until Sunday night... I doubt I'll have time for updates wither weekend....

That means you likely won't hear from me again until Lent!

But don't worry about me... I saw The President today and he filled me with words of wisdom, so I am good for MONTHS to come...

If anything big comes up, I may chime in, but otherwise don't expect much...

But before I leave you, here are a few words of wisdom for our junior members...

"Doubt is a pain too lonely to know that faith is his twin brother." ~ Khalil Gibran

Chew on that for a bit...

As Red would say, "Keep your stick on the ice"!

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PS. One note in case I don't get back here... Zumbo celebrates his birthday "next" Thursday the 27th... Track him down and buy him one!

February 9, 2014 - *Jak se maj! Hi everyone... A good Sunday to you all and I hope you are enjoying the warm weather. It's in double digits here today and it feels like a heat wave! Funny how much your perspective matters to things like that. No football today for the first time in many months... And it's kinda nice... Not much going on and in a hurry, so I am expecting this to be a quick update...*

My lovely bride and her sister hit the airwaves on Tuesday and did a really nice job on their interview regarding heart disease and their story. If you didn't see it I pulled it down off the web and you can click on the links below and try to play them or just download them to your computer. (The files are pretty large)

[LeitermanSisters \(MP4 format\)](#)

LeitermanSisters (AVI format)

If they don't work let me know and I can get you a copy.

Went out last night wife my lovely bride and some of the family to celebrate our 29 years together. As cold as it's been, we are pretty sure it was actually colder that day (a cold day in hell, huh?) 29 long years ago. We had a 5pm candlelight ceremony followed by dinner and dancing at "Josie's" in Bellevue. Hard to believe it's been that long and how much has changed. Thanks to my beautiful partner for some good times. I hope there are many more...

Stopped by the Sausage Stuffer (retired) and Librarian's today to drop off their house keys and garage opener and they had just arrived home. They reported that they had a good trip and a nice time. The Librarian said she and Jenny Penny met a couple from Las Vegas and that the wife "just loved" the handsome weatherman on Channel 13. (The husband was slightly less impressed.) Glad they had a good trip and made it home safely.

Had some sad news here as the FDA Chairman and Sister T's nephew Jesse passed away this week. Very sad news as he was a young man and left us too soon. Our thoughts and prayers go out to the Treichel and Denor families.

Not much going on this week other than work... I have a LOT of it so it should keep me busy and out of trouble, at least to some extent...

Tuesday my big brother Chuck would have celebrated his birthday. I heaven I am sure they will be getting together to celebrate and will have a better party than any of us could ever imagine. Much deserved...

As I said, a quick update...

But before I head off, a few words of wisdom for our junior members...

"Dont be afraid to stand for what you believe in, even if that means standing alone." ~ Unknown

True words, but perhaps one of the most difficult concepts to live by. There are very few things harder to do than to stand alone.

As Red would say, "Keep your stick on the ice"!

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February 2, 2014 - Jak se maj! Happy Super Bowl Sunday everyone! Coming to you from halftime and hope to be done by the end of the 3rd quarter... We shall see, but it should be a quick update...

Before we go too far though, I want to also wish everyone a Happy Groundhog Day! Based on reports out of the Groundhog Ranch on the southeast side of Denville, Paul the Woodchuck saw his shadow and we're in for ANOTHER 6 weeks of hell... I mean winter...

So, to start off, my lovely bride and sister-in-law were interviewed by the local press concerning the heart stents they got back in December. Here's the article:

Jan. 30, 2014 - Green Bay Press Gazette

Today's Take:[Heart disease has family on pins and needles](#)

Two sisters sit shoulder to shoulder on a living room sofa, shaken and feeling like walking time bombs who could drop dead any day.

That's how it happened to their younger brother. And their father. And their grandfather before him.

They knew heart disease ran in the family, and they did all the right things. They met with their doctors. Took the right tests. Ate the right foods. Exercised the right amount of time.

So on Dec. 10 when Sue Bielinski and Kay Nelson found themselves in the same wing of the same hospital on the same day for a blockage in the same left descending artery, they were disturbed so deeply they haven't recovered.

Heart attacks associated with this blood vessel are colloquially called "the widow maker," 53-year-old Bielinski said.

Heart disease widowed the women's mother 40 years ago and left them, along with their three siblings, with no father for the rest of their lives.

By the time the women had reached middle age, they thought little about the health of their hearts.

Genetics would remind them.

In 2008, the eldest brother, encouraged by his doctor, received a heart calcium test, which led to a stress test followed by a catheterization and finally a stent in his left descending artery.

The same tests discovered blockage in Bielinski's left descending artery in 2012.

The youngest brother scheduled an appointment to have his heart tested in October 2013. He never made it to the appointment but came to the emergency room with flu-like symptoms. Surgeons performed a quintuple bypass heart surgery. He died five days later at the age of 49.

A month later Bielinski returned to the hospital for blockage in the same artery as before. Nelson, 48, found herself in the hospital, too.

As they tell their story in their living room with bitter cold wind licking the world outside, they say, "honestly, we're still in shock."

"We're all on pins and needles because we don't know what to expect next," Nelson said.

Bielinski carries with her a stack of brochures on heart disease and calcium scores, which can detect signs of a blockage. She gives them to friends or people at church.

Her own children, who are approaching 30 years old, are being tested.

Now they want others they don't know to learn about the risks and symptoms, too.

"It's the worst-kept secret," Nelson said.

Nice little story. I had hoped for a little more as I would think it actually WAS news to have two sisters get back to back heart stents in the same hospital on the same day in adjoining rooms. I also would have hoped for a bit more info concerning prevention and testing, but if it gets one person to think about their health and get checked, it'll be well worth it...

They take their show to channel 11 on Tuesday morning at 8am... Check 'em out...

The Librarian, Sausage Stuffer (retired) and Jenny are down south this week and I headed over to their place this morning to check their furnace and propane level. They were one of many affected by the latest "propane" shortage and were afraid to run out while they were out of town. But gas got delivered and they are all set...

Got a lead on a canoe... The FM texted me that he has one that we can "borrow anytime"... Not that I don't trust the FM, but I may have to check with Mrs. FM before we get it wet. I don't want to wreck a chance of having my lovely bride paddle me around a lake why I troll for pike because of some leaky or un-seaworthy canoe. More likely its just been in storage in the barn and needs a good cleaning. That's a deal I can make... LOL!

Been cold here in Wisconsin, and this week I caught a cold... But it wasn't due to this:



*It's winter in Wisconsin . The gentle breezes blow,
70 miles per hour at 52 below!
Oh, how I love Wisconsin. When the snow's up to your butt;
You take a breath of winter air
And your nose is frozen shut.
Yes, the weather here is wonderful,
You may think I'm a fool.
I could never leave Wisconsin,
Cause I'm frozen to the stool.*

Submitted by the Jack/Ass team...

This was submitted last night with the caption "All we are missing is the pull tab":



From the SEC-W/M who I doubt even remembers pull tabs!!! The sight of that old can is making me thirsty!

With that in mind, let's see what is on the drink menu...

3 Heroes Day (Mozambique). “Claret is the liquor for boys; port for men; but he who aspires to be a hero must drink brandy.”—Samuel Johnson. **Heroic amounts of brandy.**

4 The Bacardi Distillery is founded in Cuba (1862). There's a bat on the label because bats would pass out in the distillery's vats. **Bacardi and Coke.**

5 Bob Marley Day (Jamaica). Touch base with your weedhead buddies. **Red Stripe.**

6 Babe Ruth's Birthday (1895). Contrary to popular belief, he wasn't really pointing to where he was going to hit the ball. He was just trying to get a beer vendor's attention. **Overpriced crappy beer in a plastic cup.**

7 National Hangover Awareness Day. Some of us ‘celebrate’ this ‘holiday’ every morning.

Hair of the Dog

1/2 oz. tequila

1/2 oz. whiskey

1/4 oz. Tabasco Sauce

1/4 oz. salt

Pour Tabasco, tequila and whiskey into a shot glass. Lay salt on top.

8 Mass for Broken Needles (Japanese). The bane of seamstresses and DJs alike. **Sake.**

9 Feast Day of Apollo (Greek). The Sun God must be appeased! **Tequila Sunrise.**

The 8th is the “Mass for Broken Needles” huh? Well I may have some of that Sake stuff to celebrate the day...

Thanks to a long halftime, I'm making good time here...

Just checked my calendar and big brother Chris would have celebrated a birthday this week. My guess is in Heaven there is beer, or the equivalent of whatever beer would be in heaven and that he'll have one. Cheers brother! I have a big day on Saturday too, so we'll see how that goes...

Hard to believe February is here already. Work is pretty busy and I'm staying out of trouble so far. But to be honest, I don't think there's much more going on... I need to get more ambitious and make more go on... Maybe next week,..

The Bronco's just kicked off and the Seahawks just returned the kick for a TD... I think the game is over, but I'm gonna go watch anyway... I'm out...

Before I go, a few words of wisdom for our junior members...

“Experience is not what happens to you; it's what you do with what happens to you.” ~Aldous Huxley

As Red would say, "Keep your stick on the ice"!

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[[Home](#)] [[Notes](#)] [[PICs](#)] [[Stuff](#)] [[Beer Page](#)] [[Links](#)]

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